

Revive Week at STP!



Day <i>Mental Health Theme</i>	Activities		Spirit Week Dress-up Theme
	Class Time	Lunch Time	
Monday, Feb. 29 <i>Perseverance, Resiliency</i>	Guest speaker Peter Joynt HS 9:00-10:00 am 7/8 10:30-11:30 am	Musical chairs Cafeteria *4 reps per grade = 16 chairs	
	Grade gatherings for spirit building/activity sign-up HS 10:00-10:45am Gr 12 - small gym Gr 11 - large gym (north) Gr 10 - cafeteria Gr 9 - large gym (south) 7/8 9:50-10:25am Gr 8 - amphitheatre Gr 7 - learning commons		Occupation Day! Gr.12: CEO Gr.11: Athletes Gr.10: Lumberjacks Gr. 9: Chefs Gr. 8: Doctors/Nurses Gr.7: Artists

<p>Tuesday, March 1 <i>Communication, Where to Find Help</i></p>	<p>None</p>	<p>Taco Tuesday, “Let’s Taco ‘Bout It!” Walking Tacos \$4 in the caf & thematic music Outdoor Tug of War! 7 vs 8 9 vs 10 11 vs 12</p>	<p>Time Periods Gr.12: Cavemen / Paleolithic Gr.11: Ancient Greece Gr.10: 1960-70’s (Hippy/Disco) Gr. 9: Medieval Times Gr. 8: 80s/90s Gr.7: The Future</p>
<p>Wednesday, March 2 <i>Rest, Mindfulness</i></p>	<p>10 minute “rest period” during class (period 4 HS, period 6 7/8); teachers will be given a “sleep hygiene” info sheet to complete with class (either individually or as a group) 1:30-1:40</p>	<p>LUNCH Relay Race! Rec Leadership helping set up relay activities throughout the school. Students NOT in relay must be cheering on grade reps in gym or cafeteria. No one can hang out in hallways. *6 reps per grade needed</p>	<p>Holidays! Gr.12: St .Patrick’s Day Gr.11: Canada Day Gr.10: Christmas Gr. 9: Easter Gr. 8: Valentine’s Day Gr.7: Halloween</p>
<p>Thursday, March 3 <i>Confidence, Facing Your Fears</i></p>	<p>None</p>	<p>Fear Factor Eating Contest in cafeteria (will include unconventional sources of protein :) *1 rep per grade needed</p> <p>Public Health Nurse Display: “Sugar Shocker”</p>	<p>Cliques Gr.12: Seniors Gr.11: Hipster Gr.10: Goth Gr. 9: Nerds Gr. 8: Geeks Gr.7: Jocks</p>
<p>Friday, March 4 <i>Determination: Setting Goals, Collaboration</i></p>	<p>Minimal to none Hallway Decorating Decorated hallways will be judged during period 1- must be cleaned by lunch</p>	<p>Jello/Pudding eating contest! (...through a straw and with hands behind your back!) *1 rep per grade needed</p>	<p>Colour War Gr.12: red Gr.11: blue Gr.10: purple Gr. 9: yellow Gr. 8: black (choc. pudding) Gr.7: white (vanilla pudding)</p>