

PLEDGE FORM

We now offer online pledge pages. Go to www.reach.ca to create your pledge page.

Last Name (Please Print)	First Name	Initial	
Address	City/Town	Province	Postal Code
Home Phone	Business Phone	Email	

The pledge collector will be responsible for all pledge collections. Please print clearly and provide complete address with postal code for tax receipt purposes. Feel free to photocopy this form as needed. Charitable donation receipts are automatically given for donations of \$25 or more. Registered charitable organization number is 10788-9297-RR0001. Cheques should be made payable to Reach Canada. Pledges can also be made on-line when you register with the Running Room.

CONTRIBUTOR'S NAME	ADDRESS, CITY	POSTAL CODE	DONATION AMOUNT	COLLECTED
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				

PROCEDURES FOR TURNING IN PLEDGES

1. Collect pledges from friends and family, in cash or cheques made payable to Reach Canada.
2. Turn in the completed pledge form with collected money when you pick up your race kit.
3. Depending on amount raised you will receive the appropriate pledge prize.
4. Take a receipt for money collected (this is not a charitable receipt).

Note: Charitable receipts for donations of \$25 and over will be mailed afterwards. All prizes for the \$25 - \$250 levels will be distributed on event day while supplies last. Outstanding prizes and prizes for the \$500 to the \$2500 level will be available within 4 weeks. Thank you in advance for your support.

TOTAL: _____

PLEDGE PRIZES

- \$50** Stainless Steel Water Bottle
- \$100** Collapsible Cooler Bag
- \$250** \$50 Gift Certificate to Vittoria Trattoria OR an MP 3 Player
- \$500** Digital Frame
- \$1000** Restaurant Dinner for 6 (exclusive of alcohol)

*NOTE: Prizes are non-cumulative

SCHEDULE OF EVENTS

8:00 am

- Half-Marathon
- 10K Run

10:00 am

- John Beedell Memorial 5K Run
- 5K Team Challenge
- 5K Walk
- John Beedell Memorial 5K Family Walk
- 5K Wheelchair Race

RELEASE WAIVER AND INDEMNITY

In consideration of the acceptance of this entry in this event I, or legal guardian of applicant if applicant is under 18 years of age, for myself, my heirs, executors, administrators and assigns, waive any claims to which I may become subjected to due to injury or damage and release the City of Ottawa, the National Capital Commission, Reach Canada and all other associations and organizers, sponsors, representatives, their agents and employees, and any other person and organization assisting in this event from any claims for damages or injury suffered by me as a result of my participation in or traveling to or from this event. I further state that I am in proper physical condition to participate in this event and am aware that participation could, in some circumstances, result in physical injury.

EVENTS



- HALF-MARATHON
- 10K RUN
- JOHN BEEDELL MEMORIAL 5K RUN
- 5K TEAM CHALLENGE
- 5K WALK
- JOHN BEEDELL MEMORIAL 5K FAMILY WALK
- 5K WHEELCHAIR RACE



LOCATION

OTTAWA CITY HALL
110 LAURIER AVE WEST

For more information contact the Reach Canada office:

613-236-6636
TTY 613-236-9478
reach@reach.ca
www.reach.ca



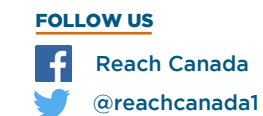
REGISTER ONLINE AT
EVENTS.RUNNINGROOM.COM



31st ANNUAL
RUN
FOR
REACH

◆ #RUNFORAREASON ◆

SUNDAY
APRIL 10TH 2016
OTTAWA
ONTARIO





Reach Canada™

EQUALITY AND JUSTICE FOR PEOPLE WITH DISABILITIES

ABOUT US AT REACH CANADA

Reach Canada is a non-profit, charitable organization dedicated to educating and informing persons with disabilities, their families, lawyers, health/social service providers and the general public about the rights and interests of persons with disabilities.

The proceeds from the 2016 Run for Reach will help us ensure that people with all disabilities are provided with quality legal and social representation through our lawyer referral and educational programs.

JASON & JON DUNKERLEY, THE 2016 RUN FOR REACH HONOURARY RACE STARTERS

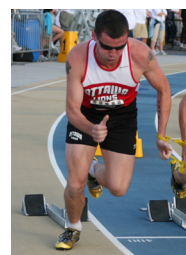


Jason Dunkerley is a visually impaired middle distance runner who has competed at 4 Paralympic Games, 5 IPC World Championships and 3 Parapan American Games earning medals at every event. In 2015, at the Parapan American Games in Toronto, Jason, and his guide Joshua Karanja, won the gold medal in the 5000m and silver in the 1500 m. Jason is an ambassador for parasport both locally and nationally.



(Photo of Jason Dunkerley)

Jon Dunkerley is a visually impaired athlete who has competed in several different sporting events, from the Blind World Judo Championship to the International Paralympic World Championship. In 2012, he qualified for the Paralympic team, finishing 7th in the 400M, and 6th as part of Canada's 4x1 relay squad. In 2013, he finished 9th in the 800M at the International Paralympic Committee World Championships held in Lyon, France. Currently living in Ottawa Ontario, Jon is a member of the Ottawa Lions Track and Field Club working alongside his guide runner Sean Young.



(Photo of Jon Dunkerley)

REGISTRATION INFORMATION

ONLINE REGISTRATION AT:

www.reach.ca OR www.runningroom.com.

*Please note that applicable administration fees for online registration apply.

REGISTRATION INCLUDES:

- Stylish 2016 Run for Reach Tech T-shirt
• Pancake Breakfast by Enbridge Gas Distribution
• Race kit

KIT PICK-UP / REGISTRATION

• Friday, April 8th (12pm - 7pm) at the Running Room 901 Bank Street

• Saturday, April 9th (12pm - 3pm) at the Running Room 901 Bank Street

All races will be timed with ChampionChips which can be picked up on race day at City Hall. Same-day race results will be available on the Sportstats website: www.sportstats.ca.

AWARDS

First 3 male and female finishers in each age category, for the 5K, 10K and Half-Marathon and wheelchair races will receive special souvenir prizes.

AGE CATEGORIES

- 14 and under
• 15-19
• 20-29
• 30-39
• 40-49,
• 50-59,
• 60-69,
• and 70+

SILENT AUCTION

Exciting silent auction items will be displayed at City Hall and will be open for bidding on race day. Check out the Reach website (www.reach.ca) for previews.

INDIVIDUAL REGISTRATION- ENTRY FORM SELECT AN EVENT

- Half-Marathon, 5K Walk, 10K Run, John B M 5K Family Walk, John B M 5K Run, 5K Wheelchair Race, 5K Team Challenge

REGISTRATION FEES

Prior to March 19: \$42 adults / \$25 youth*
March 19 - April 9: \$52 adults / \$25 youth*
Race Day: \$65 adults / \$25 youth*
*Age of youth is 17 and under

Walk: \$30 individual / \$85 family (up to 4)

PERSONAL INFORMATION - PLEASE PRINT

Form fields for personal information: Last Name, First Name, Date of Birth, Gender, CHIP #, Address, Home Phone, Work Phone, Email, T-shirt size.

METHOD OF PAYMENT

- Amex, Visa, MasterCard, Cheque, Cash

Form fields for payment: Card Number, Exp. Date, Name on Card, Signature

I have read and agreed to the Release Waiver.

Signature (parent or guardian if participant under 18)

Date

- I also give my permission for the free use of my name and picture in broadcast, telecast or written account of this event.

TEAM REGISTRATION- ENTRY FORM

REGISTRATION FEES

Prior to March 19, 2016: \$ 195 per team
March 19 - April 6, 2016: \$ 240 per team

Please note: No team registration on race day

REGISTER YOUR TEAM

- Online at www.reach.ca or www.runningroom.com
• By mail with completed forms and cheque or credit card information to Reach Canada, 400 Coventry Road Ottawa ON K1K 2C7 Phone 613.236.6636.
• By fax with credit card information to 613.236.6605

TEAM INFORMATION - PLEASE PRINT

Form fields for team information: Team Contact Last Name, Team Contact First Name, Corporation / Organization, Address / City, Province / Postal Code, Contact's Home Phone, Contact's Work Phone, Email, Team Name for Shirts

OFFICE USE ONLY

- Cash, Cheque, Credit Card

PARTICIPANTS

Please print name and age. Select gender and t-shirt size.

Participant registration form with numbered sections 1-5 and checkboxes for gender and t-shirt size.

5K TEAM CHALLENGE

Each team has a minimum of 4 members and a maximum of 5. Teams may be made up of all men, all women, or mixed. Choose a team captain and a team name.

The timing of the first 4 participants to cross the finish line will be tallied together and that ranking will determine the team score. The team with the shortest time in each category (men's, women's, and mixed) is the winner.

Ensure that each team member has completed and signed an individual waiver. Each team who submits their registration forms by April 1st will receive customized Tech T-shirts with their team name.